



TRAINING 2 SEND

Acts 19:8-10

Master Trainer Coaching Manual

II Timothy 2:2

Remembering who I am in Jesus

In Jesus I am...

- 1. Forgiven-** Romans 8:1, Ephesians 1:7, Colossians 1:13-14
- 2. A Child of God/Adopted-** Galatians 4:4-7
- 3. Protected and Cared for-** John 10:25-30
- 4. Loved-** John 3:16; 15:13; 16:27, 1 John 4:9-10; 19
- 5. Free-** John 8:31-36

Jesus wants me to live as if I am all of those things in Him

Jesus wants me to fully live for Him and others and no longer for myself (2 Corinthians 5:14-15).

Walk in the Spirit

This training is designed to be a simple tool to help you grow in your obedience to Christ by sharing your faith and discipling others. In order for us to become more effective in these spiritual practices, we must first learn to rely on the Holy Spirit to empower and guide us. The Scriptures tell us that every believer is not only sealed with the Holy Spirit as a guarantee of our eternal life when we put our faith in Christ, but that we can also be filled with the Spirit as we seek to follow God (Eph 5:18, Acts 4:8,31, Acts 13:9). When believers are filled with the Spirit, they are given a greater heart for God, a stronger voice for His Word, and a better ear for His direction. Without the work of the Spirit, even the most perfect biblical methods and discipleship processes are destined to fail. In his book, Spirit Walk, Steve Smith describes a way for us to put ourselves in a position to be filled with and guided by the Holy Spirit. Below are his four steps to living a Spirit-filled life.

1) Surrender to God's Will and Word - Galatians 5:16, 25

a. If you want to climb Mt. Everest, it's required that you have a guide and the best guides come from the Sherpa people. The Sherpa people grow up living in the mountains, and they have learned how to survive in these difficult environments. Climbing becomes second nature to them. If you want to be successful and safe in your journey, you must be willing to surrender your pride, trust their expertise, and follow their every step as they guide you up the mountain. As believers we must be willing to surrender our personal will and trust the Holy Spirit as He guides us in our walk of faith.

Walk in the Spirit

2) Wait on God in Prayer – Acts 4:31

a. If we want to be filled with the Spirit and walk with Him, then we must learn to listen for when He speaks. Prayer is our admission that we can't do something in our own power, that we need God. Here are three prayers to pray as we seek to draw close to the Spirit:

- i. **Prayer of Glory** – “God, what is your will? How can I best serve you and bring you glory?”
- ii. **Prayer of Confession** – “God, reveal my sin, forgive me, and help me to follow you more closely.”
- iii. **Prayer of Surrender** – “God, give me the courage to trust you and follow your will.”

3) Avoid and Uproot Sin – Ephesians 4:17-24

a. When we sin, we grieve the Holy Spirit and cause strain in our relationship. In our sin, we choose the direction of our lives and ignore His guidance. Instead of walking with Him, we walk away from Him. Even in our sin, the Holy Spirit never leaves us, but he waits for us to come back to Him. As we learn to avoid and uproot sin in our lives, there are three steps we must follow from Ephesians 4:22-24.

- i. **Put off your sin** – confess and stop your sinful habit
- ii. **Renew your mind** – change your thinking based on God's Word
- iii. **Put on a godly habit in its place** – replace your sin with the godly opposite

4) Pursue the Promptings of the Spirit – Acts 16:6-10

a. As we surrender to God's will and Word, wait on Him in prayer, and avoid and uproot our sin, we put ourselves in a spiritual posture ready to be filled by the Holy Spirit. This allows us to better hear His voice and listen as He prompts us to be a part of the work that the Father has prepared.

Having stability as a team and as individuals is vital to our mission that Christ gave us.

Let's read **Phil 4:1**. Paul encourages believers in Philippi to "stand firm in the Lord." This is in the form of a military command like a soldier at his post.

1. Be Strong
2. Be Rooted
3. Be Courageous

After telling these disciples to stand firm in the Lord Paul lays out 5 things that will lead to team unity and stability that are very important to apply to our work as trainers.

1. Phil 4:2-3: Harmony-Be of the same mind, united. Paul addresses his fellow workers and appeals to Euodia and Syntyche to live in harmony and be united. Where there is disunity and discord, the work will be ineffective and eventually stop.

Within our networks of master trainers if there is harmony, love, and peace we will have unity, stability, and strength as a team.

2. Phil 4:4: Joy- Always be joyful because of our permanent relationship with the Lord Jesus Christ. Joy doesn't look at our current circumstances or difficulties but looks to our relationship with Christ. That keeps us as a team stable and on mission.

Spiritual Stability

Spiritual Stability

3. **Phil 4:5: Gentle Spirit**-This literally means "sweet reasonableness." Humility is what this is referring to. Humility is learning to accept less than you deserve, contentment. Expect nothing and demand nothing. Rightly examine your sinful self. We are sinners saved by grace. We can extend that same grace to others. When we do, we do not allow disunity and discord to enter in and tear us apart. Pride is poison to any team or us as individuals and will destroy our ministry.
4. **Phil 4:6: Confident Faith**-Paul tells to "be anxious for nothing." Anxious means to fret and worry. This indicates a lack of trust in God's wisdom, power, and sovereignty. Remember all difficulties are within God's power.
5. **Phil 4:6: Prayer and Thanksgiving**-Stability is promised to the believer who has a thankful heart based on unwavering confidence that God is able and willing to do what is best for His children.

When we apply these five things within ourselves and the team, we will have team stability and not allow the Enemy to bring disunity and discord within our team. Team stability is vital to the mission Christ has given us. It is also a powerful testimony to the unbelieving world when they see our love for one another.

If our goal is to see a movement of multiplying disciples, then strong, reproducing leaders are necessary. Leaders cast vision, model obedience, and problem solve so that movements can continue to grow and push the gospel to new places. But movements without leaders are destined to fail.

For our model, we want to look to Jesus to see how he developed his disciples into movement leaders. Let's read Luke 9:1-6, 10, 10:17-20.

Let's look at four principles from Jesus' Example

[Luke 9:1 ESV] *1 And he called the twelve together and gave them power and authority over all demons and to cure diseases,*

1. Remind Believers of the Power and Authority They've Been Given from God (v.1)

[Luke 9:2 ESV] *2 and he sent them out to proclaim the kingdom of God and to heal.*

2. Provide opportunities to gain experience (v.2)

One of the greatest hindrances to ministry is a "If you want it done right, do it yourself" mentality. As leaders, it's our responsibility to give the people under us opportunities to use their gifts and grow in them.

Leadership Multiplication

Leadership Multiplication

If we want to multiply leaders, then we must learn to create opportunities for other disciples to gain experience. Here's a simple method to help you to learn to develop disciples into leaders:



Reach – Share the gospel broadly. There are potential leaders who are waiting to hear about Jesus.

Raise – Equip believers through discipleship and accountability. Use TOL as a guide.

Release – Send them out to do the same. It will be messy, but that's okay! Watch to see who is obedient to the commands of Christ and develop leaders from those who are faithful.

Repeat – Multiply leadership by repeating the process over and over

[Luke 9:3-5 ESV]

3. Prepare them with the knowledge that they'll need (v3-5)

Jesus lays out every detail of what He wanted His disciples to do. When we give someone an opportunity to grow in disciple making, we can set them up for success by giving them the knowledge to know what to do and how to do it.

[Luke 9:10-11 ESV] & [Luke 10:17-20 ESV]

4. Follow up for coaching (Luke 9:10-11, 10:17-20)

God has given all believers unique talents and skills to expand His kingdom. But just like in sports, no matter how much ability a person has, he will never reach his full potential without coaching. A coach's job is to develop someone, to highlight their strengths and to lessen their weaknesses through training. A coach is responsible for putting a person in the right position to succeed. We have the same responsibility for the disciples under us.

5 Levels Of Leadership In A Movement

Seed Sower

A seed sower is a disciple who obeys Jesus' command to spread the gospel

Church Planter

Church planters are seed sowers who have learned how to make disciples and plant churches

Church Multiplier

Church Multipliers are church planters who have learned how to start churches that reproduce generations of new churches

Multiplication Trainer

Multiplication Trainers are church multipliers who have learned how to equip other church planters and church multipliers to reach 3 to 4 generations of churches

Movement Catalyst

Movement Catalysts are Multiplication Trainers responsible for guiding multiple networks in order to reach large unreached people groups or areas

5 Levels Of Leadership In A Movement

The 5 Levels of Leadership

L1: Seed Sower

A disciple who

- spreads the gospel among family and friends
- masters simple, effective tools for sharing the gospel
- loves lost people
- models seed sowing to others



L2: Church Planter

A level 1 leader who

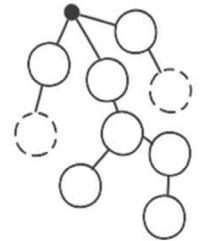
- learns how to make disciples and plant churches
- trains level 1 workers to share the gospel
- forms disciples into groups that become churches



L3: Church Multiplier

A level 2 leader who

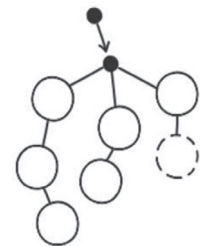
- starts churches that reproduce churches to four generations
- equips level 1 and level 2 leaders
- ensures the health of churches and releases authority to local leaders



L4: Multiplication Trainer

A level 3 leader who

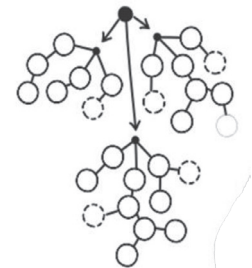
- produces four generations of new churches across multiple streams of church planting
- engages beyond the leader's own network to cast vision and train for multiplication
- identifies and resolves barriers to multiplication



L5: Movement Catalyst

A level 4 leader who

- becomes a catalyst for multiple streams of church planting among unreached people groups
- equips level 3 and level 4 leaders to facilitate multiple streams of multiple generations of church planting
- majors in networking, resourcing and vision casting



Vision Casting

Biblical vision casting allows us to communicate what God has promised so that we can enlist every believer to work together to make these things a reality through our obedience to Him.

Read: Numbers 13:1-3

1. God gives leaders the responsibility of casting vision.

Throughout the Scriptures, God gives leaders a glimpse of His plans and what He has prepared. Then, He tasks them with communicating what they've seen to others. Leadership positions bear the weight of this responsibility.

Read: Numbers 13:25-32

2. There will be obstacles to overcome.

Leaders always have the choice to either focus on the goodness of what God has prepared for them or on the obstacles that stand in their way. Obstacles often test our faith in God.

Read: Numbers 14:1-4

3. Leaders have the power to sway people either towards or away from what God has prepared.

Leaders have incredible influence on the people around them. How we cast vision of what could be and should be can determine if we lead people in obedience or disobedience towards God. That's why our vision casting should always be rooted in the truth of the Scriptures.

Vision Casting

Read: Numbers 14:5-11

4. Vision isn't based on what we can accomplish in our own power, but on trusting that God will do what He's promised.

Biblical vision casting always calls for faith and perseverance, and it's a great way to filter for those who want to follow God in obedience.

How Can I Cast Vision?

1. Point people to what God has promised.
2. Provide ways for people to use their gifts and abilities to accomplish what God has called them to.
3. Practice what you preach.
4. Pray and problem solve to overcome obstacles.

5 Essential Elements To Fulfilling The Great Commission

What is the mission of the Church? Luke 19:10
"For the Son of Man has come to seek and to save that which was lost."

As the Father sent the Son, now the Son sends us to seek and to save that which is lost.

The mission of the Church is to fulfill the Great Commission. That is why we are left on this earth to make disciples of all peoples.

Read Matthew 28:16-20: The 5 Essential Elements in fulfilling the Great Commission:

1. Verse 16-Being Available

Before and after the resurrection, the Lord had told his disciples He would meet them in Galilee. Not just the eleven, but hundreds were there (1 Cor 15:6-7). They had come and were available to receive the Great Commission.

2. Verse 17-Worship, Jesus became their sole focus.

Those first disciples were available and observed the risen Christ, many of whom saw Him for the first time. Once they realized it was Him, they gave up everything to follow Him.

3. Verse 18-Submission

Jesus has total sovereign authority, Lordship overall. He is God. We should totally submit to His authority over our lives.

4. Verse 19-20-Obedience

Based on His sovereign authority and Lordship He gives us the command to "Go therefore and make disciples of all nations." Go, Baptize and Teach.

Go with the Gospel-The commission of the church isn't to wait until the world comes to us, but to go to the world.

5 Essential Elements To Fulfilling The Great Commission

Baptize- The first step of obedience to Christ for the new disciple is to be baptized.

Teach- The second is to teach and train disciples so they can mature and multiply.

5. Verse 20-**Power**

We can't do this work in our own strength. It would be impossible. The Great Commission will be accomplished because Jesus said He is with us to the end.

The promise of His power comes in the promise of His presence.

Were these first disciples obedient to the Lord's Commission of making disciples of all nations?

"These who have turned the world upside down have come here too." Acts 17:6

These early disciples became missionaries to their people. They were empowered by the Lord and turned the world upside down.

Sent by the Father, Jesus came to seek and to save that which was lost, and now He has sent us.

Those first disciples were:

1. **Available**
2. **Worship-** Jesus is our sole focus
3. **Submission-** Submitting to His total authority
4. **Obedience-** To make disciples- Go, Baptize and Teach
5. **Power-** We go in His power. He will work through us.

As master trainers these 5 elements are essential to fulfilling the Great Commission. These should be taught and passed to every generation of trainers.

The mission is complete when the Lord returns or He takes us to Heaven.

6 Elements for Effective Missionary Work

In 1 Thessalonians 2:1-10 the Apostle Paul lays out 6 essential elements for effective missionary work. As trainers, these 6 elements are important to remember and apply as we are missionaries to our people: *going, baptizing, and teaching/training* others.

The Apostle Paul's ministry among the Thessalonians (previously described in Acts 17:1-9) was so fruitful that people were not only saved, but a vibrant, reproducing, missional church was planted that grew and flourished.

These 6 things that Paul lays out in 1 Thessalonians 2:1-10 were foundational for success in his ministry among the Thessalonians. **Let's read the passage. (Discuss each of the six elements.)**

1. Boldness/Courage (v. 2)

(1 Thessalonians 2:1-2 NLT)

2. Gospel Centered Strategy (v. 3-4) (Tree of Life)

(1 Thessalonians 2:3-4 NLT)

3. Desire to Please and Serve God not Man (v. 4-6)

(1 Thessalonians 2:4-6 NLT)

4. Love for Those We Minister to (v. 7-8)

(1 Thessalonians 2:7-8 NLT)

5. Working Hard not Lazy (v. 9)

(1 Thessalonians 2:9 NLT)

6. Maintaining a Good Testimony (v. 10)

(1 Thessalonians 2:10 NLT)

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- 6. Maintaining a Good Testimony (v. 10)**

These 6 things were at the center of Paul's conduct among the Thessalonians as he ministered among them proclaiming the Gospel of Christ. This resulted in faithful, multiplying disciples that began to carry the Gospel from within their region to those regions around them. Paul testifies of their faithfulness, "As a result, you have become an example to all the believers in Greece—throughout both Macedonia and Achaia. And now the word of the Lord is ringing out from you to people everywhere, even beyond Macedonia and Achaia, for wherever we go we find people telling us about your faith in God" (1 Thessalonians 1:7-8 NLT).

Paul is a wonderful example of how our personal conduct and a good Biblical strategy that leads to multiplication are linked. One without the other will lead to ineffective work and will surely slow the spread of the gospel.



Priorities of the Ministry of Jesus

When Jesus called His first disciples He gave them a command- "Come, follow Me"- and then a promise- "I will send you out to fish for people" (Mark 1:17). From the very start of His of ministry Jesus' intentions were clear. He founded a missionary movement and those who followed Him became missionaries.

Even now, as the risen Lord, He continues to pursue His Mission through His disciples.

Christianity, if it is true to itself, is a missionary movement.

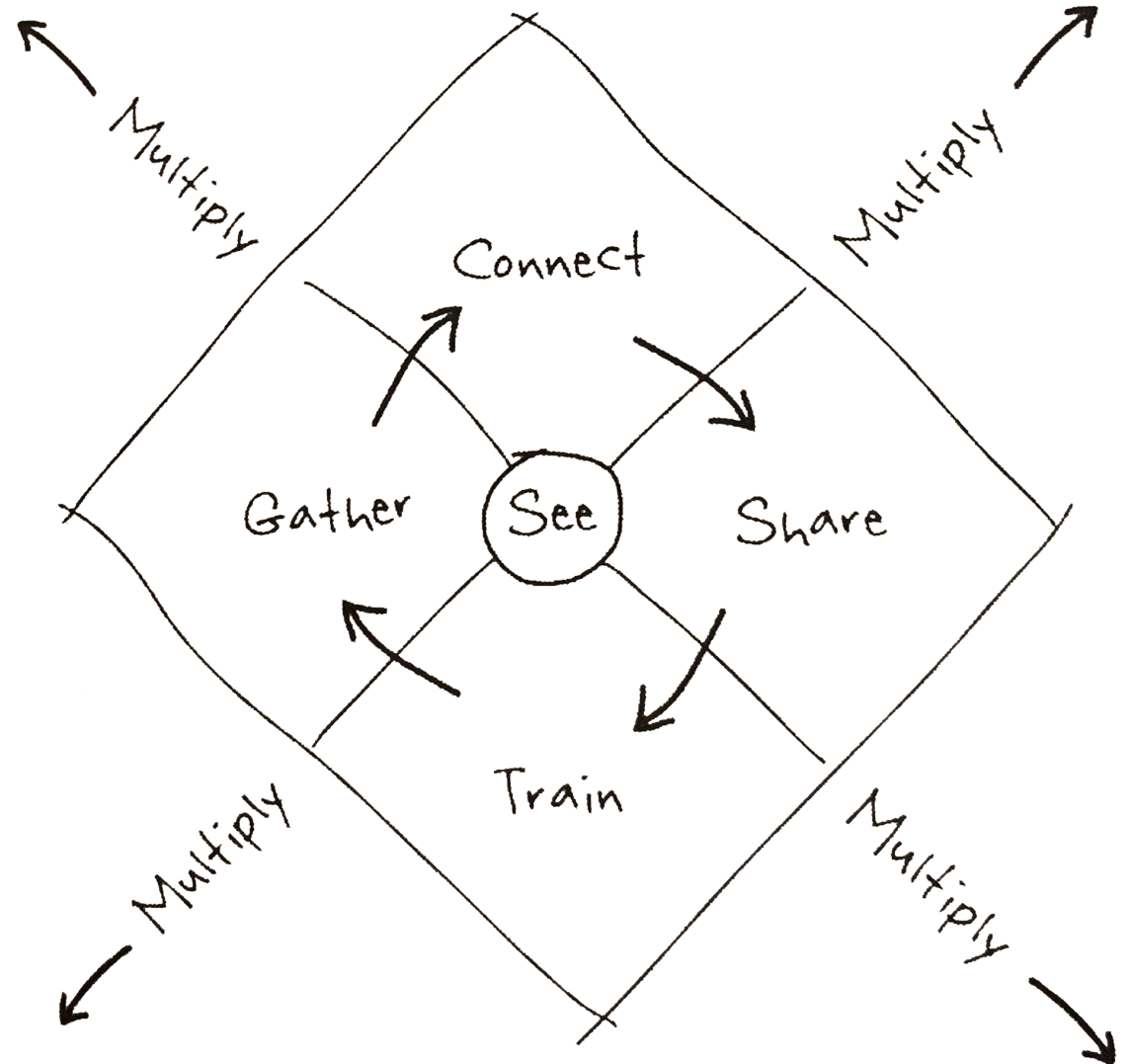
There are 5 priorities that are clear in the ministry of Jesus, in His training of the disciples, and in the continuing ministry of the risen Lord through His Word and the Holy Spirit. The spread of the gospel to the ends of the earth, the training of disciples to follow and obey Christ, and the formation of churches are all at the very heart of God's Mission.

When we look at the life of Jesus, what He trained the disciples to do, and what he continued to do through Paul and the early church, we can observe Him:

1. **See the end.** Missionary movements obey God's call to join His mission. They submit to the leadership of the Lord Jesus through the Holy Spirit and the power of His living Word. They are moved with compassion for lost people and do not rest until the good news of salvation through Christ is proclaimed and communities of disciples are gathered throughout the inhabited world.
2. **Connecting** with people who were far from God.
3. **Sharing** the good news of Jesus' life, death, and resurrection, calling people to repent and believe in the Lord Jesus Christ. They will then receive the Holy Spirit and be baptized in obedience to the Lord's command.

4. **Training** new disciples to read God's Word together and to learn to obey what Jesus commanded.
5. **Gathering** disciples into churches that reproduce.
6. **Multiplying** workers who take the gospel to the ends of the earth.

Priorities of the ministry of Jesus



This lesson is taken from Steve Addison's book *The Rise and Fall of Movements*.

It is vitally important that we all understand *Our Core Identity*. For any movement to remain fruitful it must remain true to its *Identity*. As leaders, it is crucial that we constantly remind each network of *Our Core Identity*.

So what is Our Core Identity?

Identity:

Read James 1:22-25; Mark 16:15; Isaiah 55:11

1. The Word of God - is our only authority for how we should live

- a. Remain obedient to the Word
- b. Saturate with the Word

Jesus commanded his disciples to proclaim the Word of God in all the world with every creature and we learn from Isaiah that the Word of God will accomplish that for which God sends it.

Read Acts 1:8; Ephesians 5:18; Acts 2:42

2. The Spirit of God - is our only source of power to obey the Word and to fulfill God's Mission

- a. Operate in the power of the Spirit

Without the Spirit, there would be no missionary movement.

- b. Saturate with Prayer

When the Spirit came upon Jesus' disciples as they prayed, the church was born, and the Mission began. Through prayer, we must depend on the Holy Spirit to open the hearts of those with whom we share the Word.

Read Matthew 28:16-20

3. The Mission of God -

- a. Train every believer to be a disciple maker
- b. Plant multiplying churches

Our Core Identity

Four Elements of Strategy in Multiplying Movements that are linked with our Identity

1. Pioneering Leaders- As the apostle and pioneer of our faith, Jesus began something new in human history a global missionary movement. The Lord Jesus called, trained, and sent the first pioneer church planters in the 12 and all those disciples whom He shared His call to go into all the world and make disciples. What do movement pioneers do? They follow the example of Jesus and the disciples He trained.

They see the end. Their **Identity** is aligned with God's purposes. They submit to the leadership of Jesus through the Holy Spirit and the power of His living Word. They obey God's call to join His mission.

They connect with people. They cross boundaries (geographic, linguistic, cultural, social, and economic) to establish contact with people far from God.

They share the gospel. They communicate the truth about God and salvation through Christ. They equip new disciples to spread the good news throughout their communities.

They train disciples. They lead people to faith in Jesus Christ (conversion, baptism, gifts of the Holy Spirit) and teach them to obey all that Jesus commanded.

They gather communities. They form those who repent, believe, and are baptized into churches where they join together to study and obey God's Word, pray celebrate the Lord's supper, love one another, worship, give generously, make disciples (Acts 2:42-47).

They multiply workers. They equip local church leaders to multiply disciples and churches. In partnership with the churches, movement pioneers form apostolic teams that launch into unreached fields.

Four Elements of Strategy in Multiplying Movements that are linked with our Identity

2. Contagious Relationships- Jesus understood the importance of relationships and shaped His mission around relational ties. He trained His disciples to go into unreached villages and look for responsive households that would become the entry point to the whole community. He led by example in His encounters with the Gerasene demoniac (Mark 5:1-18, Zacchaeus the tax collector (Luke 19:1-9), and the Samaritan woman (John 4:1-26) Through these individuals, the good news about Jesus reached entire communities.

The key to rapid growth of any movement is face to face recruitment within pre-existing social networks. But for a movement to grow, it must not only reach new people it must keep them-and build them into a committed force tied to our **Identity** (the Word, the Spirit, the Mission).

3. Rapid Mobilization. Movements don't spread if paid professional are solely responsible for the work of missions. The movement Jesus started grew rapidly through the efforts of **ordinary people** equipped by missionaries such as the twelve apostles, the apostle Paul, and his coworkers. Jesus bypassed religious professionals and went looking for ordinary people.

Christ gave the Great Commission to every disciple, not professionals. Every disciple is charged with making disciples by going, baptizing, and teaching those who respond to obey everything Jesus has commanded. Every disciple has the Word, the Spirit, and the responsibility to fulfill the Mission.

Four Elements of Strategy in Multiplying Movements that are linked with our Identity

4. Adaptive Methods. They are the methods that enable a movement to thrive within its changing environment and expand into new fields. Adaptive methods are simple, reproducible, sustainable, and scalable such as **Tree of Life**.

Jesus' methods were simple, yet powerful. He trained His followers to do what He did by entering into an unreached community and forming a base of operations. His teaching and his stories were memorized and passed on. He trained workers on the job. His movement required no central funding or control.

Likewise, expanding movements have simple but powerful methods to equip every believer. Adaptive methods enable a movement to both flex with its changing environment and to expand into new fields through **ordinary people**.

Movements that remain true to their identity (Word, Spirit, Mission) will test the effectiveness of their methods and make changes that align with their **Identity**.

Acts: A Multiplication Movement

The mission the Lord gave the Church:

Luke 19:10 "For the Son of Man has come to seek and to save that which was lost."

As the Father sent the Son the Son sends us. That is why we as the church are here.

To fulfill the Great Commission.

Remember our Identity as master trainers in Christ:

1. The Word. We are obedient to His Word. We do not go outside His Word.
2. The Spirit. We are dependent, empowered, and led by the Holy Spirit.
3. On Mission. We are faithful to the core missionary task, the fulfillment of the Great Commission.

Let's look at the early church and see how it relates to us.

In Acts chapter 2, the Holy Spirit comes (Acts 2:1-4).

Peter proclaims the Gospel and 3,000 come to saving faith in Christ.

The Church is born.

Acts 2:41-42 The four things the early church was devoted to. Devoted means "*constantly continue*" in

1. Apostle's teaching - Good Biblical doctrine
2. Fellowship - means "partnership or sharing" in Greek. There was unity.
3. Breaking of Bread, the Lord's Supper - proper worship and obedience to the Lord's commands
4. Prayer
5. Not listed here but, can be seen through the book of Acts is obedience to the Great Commission to go make disciples.

Acts: A Multiplication Movement

In verses 46-47 of chapter 2, *"adding to their number day by day."* (NLT)

Acts 3:11-26: Bold Gospel proclamation.

Acts Ch 4:1-4: In verse 4, we see the results of their bold witness *"Many of those who had heard the message believed."* Many in the Greek means: much, a great number. We see persecution and multiplication.

Acts Ch 5:12-14: There is multiplication. (verse 14 *"multitudes of men and women, were constantly added to their number."*) Multitude - a great number.

Acts 5:17-21: As a result of this multiplication, persecution came. The disciples were jailed. We see a miraculous release and a command to go share the Gospel.

Acts 5:42: There is persecution for Gospel sharing. How did the disciples react? Verse 42-Gospel sharing.

Results: **Acts 6:1a** *"increasing in number."* Increase means to multiply.

Acts 6:7: *"the number of the disciples continued to increase greatly."* Increase: Multiply. Greatly: very, very much, exceedingly.

Acts 9:31: *"continued to increase"* to multiply.

Obedience to the Great Commission: Results in Acts 12:24

Acts 12:24: “Meanwhile, the word of God continued to spread, and there were many new believers” *NLT*

Acts 13:48-49: There is new believers and the spread of the Gospel.

Acts 16:5: “*increasing in number daily*” To have in abundance-multiplication.

Romans 15:19-23: “*Jerusalem to Illyricum*” 1,400-1,500 miles. “*Fully preached the gospel of Christ.*” *Fully:* To execute, accomplish, carry out to the full. This includes Jerusalem to modern day Eastern Europe. Approximately 15 million people lived in that area when Paul was ministering there.

Paul didn’t do this alone he trained disciples, who made disciples, who planted churches. Example: Acts 19:8-10. As a result, Paul could say “*but now with no further place for me in these regions.*”

The events in chapter 2 of Acts took place around A.D. 30. Paul wrote the book of Romans between A.D. 56-58. In 16-18 years, the Gospel had spread throughout the Eastern Roman Empire because the early church was obedient to our Lord’s command to make disciples of all nations. This was a multiplication movement. They knew their identity and were faithful, and in turn, we are fruit of their faithfulness.

May the Lord help us to say in the mission fields we are working in, whether big or small, that we have trained disciples who made disciples who planted churches that planted churches until there was no place left for us!

Acts: A Multiplication Movement